## Surrogate or Adoptive Doula

## **Surrogate or Adoptive Birth Mother Doula**

Assisting the birth mom; during this emotional journey of adoption or surrogacy. Supporting her through her pregnancy, labor, birth and postpartum. I have training and knowledge on how to support in grief and loss, physically recovery and lactation suppression.

## **Adoptive Parent Doula**

Assisting the new parents; with childbirth education while they are waiting to adopt or after adoption. Support directly after the birth or placement, while they learn how to adjust with a new little one.

(Nanny/Maid service or night time care not included but can be added)